

# TEXAS Polar Bear



**5K  
Run**

Lackland AFB

**Directions:**  
From  
410/I-10 Intersection  
410 West  
Exit Valley Hi  
Left at Light  
Enter Lackland AFB  
First Right - Carswell  
Reception Center on Left  
(Bldg. 7246)

## TEXAS POLAR BEAR 5K RUN/WALK

SATURDAY, FEBRUARY 6, 2010

RACE TIME 8:00 A.M.

Race day registration starts 7:00 A.M. at the Reception Center, Building 7246  
Lackland AFB, San Antonio, TX

Pre-registration: \$12.00 Postmarked by January 28, 2010

**\*\*PLEASE DO NOT MAIL AFTER JANUARY 28, 2010\*\***

Race Day Registration: \$15.00

Prizes: Awards to overall male and female winners and master winners.

Awards to 1st through 5th place finishers in age categories: 14 and under;  
15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; \*Awards to 1st through  
3rd place finishers \*60-64; \*65-69; and \*70 and over. All awards meet UIL restrictions.

**\*\*\*SPONSORED BY THE 737TH TRAINING GROUP\*\*\***

**T-SHIRTS TO ALL REGISTERED RUNNERS AND WALKERS!!!**

★ No Dogs, No Skates, No Skateboards, No Bikes, No Strollers, No Electronic Devices ★

Name: \_\_\_\_\_

Age on 6 FEB 10 \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

T-Shirt Sizes S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

E-Mail: \_\_\_\_\_

In consideration of my entry, I, intending to be legally bound, do hereby, for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims which I may have or which may hereafter accrue to me against Lackland Air Force Base, the United States Air Force, the Department of Defense, the officials conducting the event or any sponsor for any injuries and damages which may be suffered by me while traveling to and from the event or while participating in the 5K run. I verify that I am physically fit and have sufficiently trained for this running event. I acknowledge that the sponsors of this event are relying on my representation that I am physically able to enter this event. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, recordings and records of this event.

Full Signature \_\_\_\_\_

(Parent or guardian must sign if runner is under 18.)

Make checks or money orders payable to 737 TRG Top 3 and mail with your completed application to:

TEXAS POLAR BEAR 5K

P.O. Box 592165

San Antonio, TX 78259-0157

For more information contact Ray Kenny at (210) 497-8214.