

Join Chief McManus and members of the SAPD to support the SA Police Athletic League

## San Antonio P.A.L. 4 Mile Walk/Run at Brackenridge Park

Saturday, July 25, 2009 ENTRY FEE \$25 Start time 8:00 am

ENTRY FEE IS \$20 IF PRE-REGISTERING (\$15 FOR KIDS AGES 6 & UNDER)

**Door prizes include an official NBA Tim Duncan Spurs #21 Jersey!**

*Event T-shirt is guaranteed to the first 600 runners and walkers.*

**Packet Pickup is July 23 -24, 4pm to 7pm at Fleet Feet, 6408 N. New Braunfels**

### This event benefits the San Antonio Police Athletic League

- Flat course with plenty of shade and water stops
- Friendly Police protection along the route, refreshments after race
- Strollers are encouraged, pets are prohibited
- Family event with great door prizes (must be present to win)
- A fun opportunity to get some exercise for a good cause
- Only \$20 Adult Entry, \$15 kids, by July 23 (all \$25 day of event)

ONLINE SIGNUP AT ACTIVE.COM or Sign up by Mail by July 23

**Make checks to San Antonio P.A.L., send form & check to Lynette McClaran  
Race Director, PAL 4 mile run/walk, 118 Towne Vue, SA, TX 78213**



Drop off your entry form at Fleet Feet,  
6408 N. New Braunfels in the Sunset  
Ridge Shopping Center by July 23.

**Register early for \$5 off the entry fee!**  
Call 525-2000 for more information or  
email [lynettediane@yahoo.com](mailto:lynettediane@yahoo.com)

**Awards to Top Male, Female & Age Groups! Walkers receive special prizes.  
Children's Entry Fee: \$15 prepaid, must walk or run with parent or guardian**

Name: \_\_\_\_\_ Age (on 7/25/09) \_\_\_\_\_ Sex: \_\_\_ M \_\_\_ F

Address: \_\_\_\_\_ City/State/zip: \_\_\_\_\_

Shirt size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

**\$20.00 Pre-Registration fee check enclosed?  Y  N  (Race Day fee is \$25)**

**Release of Liability Agreement:** I assume full and complete responsibility for any injury or accident which may occur during my participation in this race or while on the premises of the event. I hereby release and hold harmless the sponsors, promoters and all other persons and entities associated with this event from any and all injury or damage, whether it be caused by negligence of the sponsors or promoters or other persons or entities associated with this event or their agents of employees or otherwise.

Adult Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**The San Antonio Police Athletic League provides a variety of athletic programs for at risk youth throughout the year. Your support of the 4-Mile Walk/Run will insure that these programs remain a productive part of the SAPD.**