



**Directions:**  
 From  
 410/I-10 Intersection  
 410 West  
 Exit Valley Hi  
 Left at Light  
 Enter Lackland AFB  
 First Right - Carswell  
 Reception Center on Left  
 (Bldg. 7246)

**BEACH RUN 5K  
 RUN/WALK**

**SATURDAY, JULY 18, 2009**

**RACE TIME 8:00 A.M.**

Race day registration starts 7:00 A.M. at the Reception Center, Building 7246  
 Lackland AFB, San Antonio, TX

Pre-registration: \$12.00 postmarked by July 9, 2009

After July 9, 2009, Race Day Registration: \$15.00

Please don't mail after July 9, 2009. Please register at race.

Prizes: Awards to overall male and female winners and master winners.

Awards to 1st through 5th place finishers in age categories: 14 and under;  
 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; \*Awards to 1st through  
 3rd place finishers \*60-64; \*65-69; and \*70 and over. All awards meet UIL restrictions.

**\*\*\*SPONSORED BY THE 737TH TRAINING GROUP\*\*\***

**T-SHIRTS TO ALL REGISTERED RUNNERS AND WALKERS!!!**

★ No Dogs, No Skates, No Skateboards, No Bikes, No Strollers, No Electronic Devices ★  
 ✂ CUT HERE ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂

Name: \_\_\_\_\_

Age on 18 JUL 09 \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

T-Shirt Sizes S \_\_\_\_ M \_\_\_\_ L \_\_\_\_ XL \_\_\_\_

E-Mail: \_\_\_\_\_

In consideration of my entry, I, intending to be legally bound, do hereby, for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims which I may have or which may hereafter accrue to me against Lackland Air Force Base, the United States Air Force, the Department of Defense, the officials conducting the event or any sponsor for any injuries and damages which may be suffered by me while traveling to and from the event or while participating in the 5K run/walk. I verify that I am physically fit and have sufficiently trained for this running event. I acknowledge that the sponsors of this event are relying on my representation that I am physically able to enter this event. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, recordings and records of this event.

Full Signature \_\_\_\_\_

(Parent or guardian must sign if runner is under 18.)

Make checks or money orders payable to 737 TRG Top 3 and mail with your completed application to:

**BEACH RUN 5K  
 P.O. Box 592165  
 San Antonio, TX 78259-0157**

For more information contact Ray Kenny at (210) 497-8214.